





Golf Fitness

The Rehab Center, Physical Therapy and Honeybrook Golf Club are teaming up to help improve your game

Receive a complimentary orthopedic fitness evaluation that assesses strength, flexibility and balance as it pertains to the golf swing.

A physical therapist will assess and suggest a personal fitness program that will address your weaknesses as well as your strengths.

Join us at
Honeybrook Golf Club for
this <u>FREE</u>
Golf Fitness Assessment

Sessions are the following upcoming Tuesdays

September 16 12pm-2pm October 21 12pm-2pm November 4 12pm-2pm

Hit Farther Play Longer

